



MONTH of DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Toast Juice/Milk	Cheese & Crackers Juice/Milk	Toast Juice/Milk	Fruit & Yogurt Juice/Milk	Toast Juice/Milk	
	1 Verna & Nora	2 Rowena & Jodi	3 Cathy & Pansy	4 Donna & Melissa	5 Audrey & Deanna	6
7	8 Barbara & Shelley	9 Tammy & Dorothy	10 Tracey & Diane	11 Deneka & Ursula	12 Denise & Stephanie	13
14	15 Verna & Nora	16 Rowena & Jodi	17 Donna & Melissa	18 Cathy & Pansy	19 Audrey & Deanna	

**Merry Christmas and Happy New Year
From Students and Staff at Long Range Academy**

